


UCLA MEDICAL GROUP / Managed Care Operations		
DEPARTMENT:	Utilization Management	POLICY NUMBER: TBD Page 1
SECTION:	UM Program	
TITLE:	Acupuncture	ISSUE: EFFECTIVE:
Date Revised:	08/03/2016, 08/2016, 06/19/2018, 06/20/2020	
APPROVED BY UMC: 09/2010, 08/2016, 06/2018, 06/2020		

UCLA Healthcare / UCLA Medical Group Practice Guidelines Acupuncture

UCLA has adopted the following medical position for the treatment of acupuncture for patients with commercial insurance. (non-Medicare)

UCLA Medical Group may approve the use of acupuncture for following conditions:

1. Chronic pain due to osteoarthritis of the knee, hip, or Lumbar Spine
2. Nausea and vomiting associated with surgery, chemotherapy or pregnancy
3. Other conditions that are covered by the member's Health Plan, if criteria are met

For patients with a Medicare Advantage (Senior) plan, UCLA will follow Medicare guidelines.

Criteria: Based on Anthem Blue Cross Guideline #: CG-ANC-03