



A checklist for your surgery

Your name _____

Your surgeon's name _____

What is your age? _____

What surgery are you having? _____

When is your surgery? _____

Why are you having surgery? _____

In preparation for your surgery

- Talk to your surgeon about what might be different after surgery.
- Talk to your surgeon about what might be on your body after surgery.
- Talk to your surgeon about which of your medications you need to either stop or continue taking before surgery.
- Talk to your parents about your questions.
- Tell your parents if you feel like you are getting sick before your surgery.
- Make sure to stop eating at _____ the night before your surgery.
 - You will be able to eat after surgery when your doctors say it is okay.
- Pack your bag for the hospital.
 - Ideas of what to bring: pajamas/clothes, shoes/slippers, phone and charger, laptop/tablet, toys, games, books, movies.
- Call/e-mail your Child Life Specialist for a pre-hospital tour, to help answer questions and provide developmental support.
 - Operative Room Services: Karleen Wray, childlifeorservices@mednet.ucla.edu

The day of your surgery

- Come to the hospital at _____ to check-in for your surgery.
- When in the Procedure & Treatment Unit (PTU) you may meet your: PTU nurse, anesthesiologist (the doctor who helps you sleep during surgery), surgeon and his/her team, and operating room nurse.
- You will get an IV (tiny straw in your skin to give medicine) or a mask to get your medicine that helps you go to sleep and stay asleep during surgery (this is up to your anesthesiologist).

After your surgery

- Up to two people can visit you in the recovery area after surgery.
- If you have pain tell your parents and nurse.

Packing list

Questions
