

Adult Intensive Care Unit

4 Central Wing



UCLA Medical Center, Santa Monica

1250 16th Street
Santa Monica, CA 90404
Adult ICU: 424-259-9430



About our unit

Thank you for trusting us with your or your loved one's care. The goal of our adult intensive care unit (ICU) is to provide excellent, patient-centered care with teamwork and compassion.

Our multidisciplinary team includes physicians, registered nurses, administrative care partners, respiratory and physical therapists, clinical social workers, nutritionists, pharmacists and case managers who collaborate with patients and families to achieve optimal patient outcomes.

Patient and family-centered care is our priority. At the beginning of every shift, your current and oncoming nurses will exchange information at your bedside. We do this so you can participate in your plan of care, but ask that you hold any questions until they are finished.



Quick reference guide

ICU Medical Director

424-449-0939

Unit Director

424-259-8280

Assistant Unit Director

424-259-8282

Clinical Nurse Specialist

424-259-8281

Unit Telephone Number

424-259-9430

Spiritual Care

424-259-8170

Patient Affairs

424-259-9120

Primary MD

MD Consult

MD Consult

Case Manager

Social Worker

Visitor guidelines

Please use the intercom located outside of both entrances to enter our ICU. Our staff will check with the assigned nurse before permitting access. When instructed by a staff member, press the silver plate next to the intercom to enter the unit.



Our goal is to maintain patient privacy and provide a calm and healing environment. Please always use the intercom before entering the unit. We appreciate your understanding.

No more than two visitors are allowed at the bedside at any time. We may need to further limit the number of bedside visitors, depending on the bedside procedure being performed, the patient's condition and/or privacy needs.

Children under the age of 18 are allowed to visit with a supervising parent or adult and may not be left unattended. For the patient's and child's safety, please make sure young children are supervised at all times while visiting your loved one.

Be aware that we cannot accommodate requests to change the timing of tests or procedures because they are determined and scheduled according to each patient's medical needs.

Useful information

Our hospital staff

Healthcare team members are distinguishable by the color of their scrubs:

- Navy blueRegistered nurses
- Olive greenPatient care partners
- BlackLift team
- Light blueRespiratory

Team members from other departments also wear uniforms specific to their specialties. All staff members should wear identification badges with their names and photos properly displayed.

Personal belongings

We ask that all personal belongings, such as clothing, jewelry and wallets, be taken home for safekeeping. Watches, rings, earrings and necklaces can interfere with medical procedures and are easily lost. If your loved one uses glasses, dentures or hearing aids, please inform our nurses and tell the bedside nurse any time you bring an item or take it home. We strive to keep an accurate log of items kept at each patient’s bedside. We are not responsible for any lost or stolen items.

Gifts

Artificial flowers, cards, non-latex balloons and personal photos are always welcome. To control infections, fresh flowers and plants are only allowed for certain patients whose immune systems are functioning normally. Please check with your nurse first.



Internet access

Wireless-enabled Internet service is available in your room.

Cell phone use

You may use your cell phone inside the patient's room or outside the unit. Please do not use cell phones in the unit hallways. Cameras and cell phone photography are not allowed in our ICU.

Waiting area

Please keep the waiting area neat and orderly. If you have been given a pillow or blanket for your comfort, please return them to the nurse once you are done using them. As this room is shared with multiple families, please do not bring in and store personal items in this room. We are not responsible for any lost or stolen items.

Showers

Showers are available for out-of-town visitors. Please ask your nurse for more information.

Restrooms

The visitor restroom is located in Room 4315, near the south entrance to our unit.

Parking

Convenient valet parking is available almost 24 hours on weekdays at our main entrance, 1250 16th Street. Discounted parking rates are available for extended periods. Ask our parking or security staff for details.

What to expect in the ICU

To ensure the best outcomes for your stay in the ICU, you can expect the following:

- Your vital signs will be continuously monitored using different devices.
- Your nurse will ask about your pain at least every hour.
- We will change your position every two hours to prevent skin breakdown.
- Bed baths, lab tests, and X-rays tend to be done in the early morning, usually around 5 am.
- If you are on a ventilator, we will perform oral care every two hours to help prevent development of pneumonia.
- There is a charge nurse, resource nurse and a care partner on duty at all times who will assist your nurse with your care.
- Interdisciplinary rounds with various team members are held daily from 9:30 to 10:30 am.



Privacy and security

Patient privacy is very important to us. When visiting the ICU, you must remain in the patient's room or in the ICU waiting room at all times.

Patient information will be provided to the patient's designated or legal representative(s) only (power of attorney, provider orders for life-sustaining treatment, temporary advance directive, appointed surrogate, etc.)

TV channels

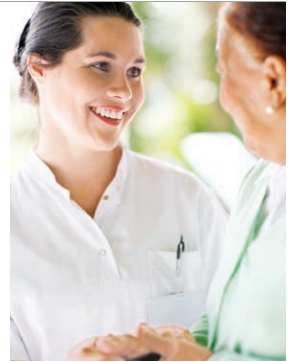
2	KCBS – CBS	29	HLN	55	Food Network
3	KWHY – SPANISH LA	30	Newborn Channel	56	HGTV
4	KNBC – NBC	31	KSCI – Asian & Multi	57	CSPAN
5	KTLA – WB	32	Newborn Channel	58	CSPAN2
6	KCET – IND	33	KPXN – PAX	59	FOX NEWS
7	KABC – ABC	34	Trinity Network	60	MSNBC
8	KMEX – SPANISH LA	35	KBBC – Home Shopping – SPANISH	61	CNBC
9	KCAL – IND	36	KOCE – PBS OC	62	Bloomberg
10	KVEA – SPANISH LA	37	KDOC – Religious OC	63	Hallmark
11	KTTV – FOX	38	KLCS – LA City School	64	Lifetime
12	ESPN	39	KRCA – Oriental LA	65	ABC Family
13	KCOP – UPN	40	Disney West	66	A&E
14	ESPN2	41	DVD PLAYBACK	67	TV LAND
15	ESPNEWS	42	The Weather Channel	68	Nickelodeon West
16	ESPN CLASSIC	43	National Geographic	69	Comedy Central
17	ESPNU	44	The Church Channel	70	RSN (Fox Sports West)
18	TBS	45	HSN	71	RSN (Prime Ticket)
19	Cartoon Network West	46	MTV	72	SONIC TAP (music)
20	CNN	47	MTV2	73	SONIC TAP (music)
21	E!	48	VH1	74	SONIC TAP (music)
22	TCM	49	VH1 Classic	75	SONIC TAP (music)
23	AMC	50	BET	76	SONIC TAP (music)
24	Discovery	51	OWN	77	SONIC TAP (music)
25	TLC	52	Animal Planet	78	SONIC TAP (music)
26	TNT	53	The Travel Channel	79	SONIC TAP (music)
27	USA	54	The History Channel	80	SONIC TAP (music)
28	SYFY			81	SONIC TAP (music)

Spiritual care

Our spiritual care staff tends to the spiritual and emotional needs and concerns of all patients and families. Chaplains participate as full members of our care team and provide support and reflection during hospitalization. Patients of any faith tradition — or none — may request a chaplain visit for support and assistance in finding serenity, trust, strength and hope. To request a chaplain visit, please ask your nurse for assistance.

Volunteer to make a difference

UCLA Health invites you to explore volunteer opportunities at our hospitals in Santa Monica or Westwood. Our volunteers are exceptional people who help themselves by helping others. These men, women and teenagers donate their time and talents throughout our hospitals, research facilities and patient-care areas, bringing a special touch to our patients and families.



Anyone 15 years or older can become a volunteer. To learn more, call the numbers listed below or go to uclahealth.org/volunteer.

UCLA Medical Center, Santa Monica
424-259-8176

Ronald Reagan UCLA Medical Center
310-267-8180

