

35TH ANNUAL UCLA MULTI-CAMPUS FAMILY MEDICINE
RESEARCH FORUM



May 14, 2019 The California Endowment, Los Angeles

Keynote Speaker: Michele Allen, MD MS
“Primary Care in 4th Generation Health Equity
Research and Beyond”



Sponsored by the UCLA Family
Medicine Multi-Campus
Research Committee
uclahealth.org/FMResearchDay

AGENDA

FACULTY DEVELOPMENT (MORNING SESSION)

(Invitation Only)

| TIME | LOCATION | EVENT |
|------------------|-----------------|---|
| 8:00AM - 8:30AM | Yosemite Foyer | Arrival and Check-In, Breakfast and Seating |
| 8:30AM - 10:00AM | Yosemite Hall | Presentation on Diversity and Implicit Bias |
| 10:30-11:30AM | Yosemite Hall | Update on Milestones 2.0 |

RESEARCH DAY (AFTERNOON SESSION)

(RSVP Required)

| TIME | LOCATION | EVENT |
|-------------------|---------------------------------|--|
| 11:30AM - 11:45AM | Yosemite Foyer | Arrival and Check-in |
| 11:30AM - 12:00PM | Yosemite Hall and Foyer | Lunch and Seating |
| 12:00PM - 12:05PM | Yosemite Hall | Introduction - by Patrick Dowling, MD MPH |
| 12:05PM - 1:00PM | Yosemite Hall | Keynote Speech: "Primary Care in 4 th Generation Health Equity Research and Beyond" Speaker: Michele Allen, MD, MS |
| 1:00PM - 1:05PM | | Break |
| 1:05PM - 1:50PM | Mojave, Catalina, & Joshua Tree | Poster Session 1 |
| 1:50PM - 2:25PM | Yosemite Hall | Lectern Session 1 (Intro by Tipu Khan, MD) |
| 2:25PM - 2:30PM | | Break |
| 2:30PM - 3:15PM | Mojave, Catalina, & Joshua Tree | Poster Session 2 |
| 3:15PM - 3:50PM | Yosemite Hall | Lectern Session 2 (Intro by Tipu Khan, MD) |
| 3:50PM-4:00PM | Yosemite Hall | Closing Remarks and Raffle Winners Announced |

ABOUT THE COMMITTEE

Central to family medicine training programs is developing family physicians who will embody a number of specific virtues including: excellence in clinical medicine, patient centered practice, and critical skills to enable them to maintain a practice consistent with evidence-based medicine. Scholarly activities, including research, foster a more active, individually driven element in family medicine residencies. Research reflects the knowledge derived from working with primary care, practice-based populations and increasingly is viewed as a key component of family medicine training, education, and practice. The UCLA Department of Family Medicine has a commitment to promoting research on important issues related to improving care provided to patients seen in family medicine and primary care settings.

The UCLA Family Medicine Multi-Campus Research Committee (MRC) was established over 35 years ago to help promote this commitment. Formed by the UCLA Department of Family Medicine and affiliated residency programs, the MRC has held annual research forums to facilitate the exchange of scholarly activities among the residency programs and highlight the creative work conducted by residents, fellows, faculty, staff, and medical students. This forum fosters the understanding that the best practice of Family Medicine and pursuit of health demands an active engagement with one's community - a role of leadership with respect to a community of colleagues, of patients, and of the population at large.

UCLA Family Medicine Multi-Campus Research Committee Members:

John Cheng, MD
Harbor-UCLA Medical Center

Parastou Farhadian, MD
Riverside County Medical Center

Lillian Gelberg, MD
UCLA Department of Family Medicine

Monique George, MD
Kaiser Permanente Woodland Hills

Mandeep Ghuman, MD
Dignity Health – Northridge Medical Center

Tipu Khan, MD
Ventura County Medical Center

Chris Kuhlman, MD
Dignity Health – Northridge Medical Center

Bruno Lewin, MD DTMH
Kaiser Permanente Los Angeles

Chun Curtis Lin, DrPH
Pomona Valley Hospital Medical Center

Aurelia Nattiv, MD
UCLA Dept. of Fam. Medicine, Div. of Sports
Medicine

Steve Shoptaw, PhD
UCLA Department of Family Medicine

*Laura W. Sheehan (Administrative
Coordinator)
UCLA Department of Family Medicine*

KEYNOTE

Primary Care in 4th Generation Health Equity Research and Beyond



MICHELE ALLEN, MD MS

Dr. Allen is an associate professor in the Department of Family Medicine and Community Health, and Director of the Program in Health Disparities Research at the University of Minnesota Medical School. Her research focuses on community-based participatory approaches to developing and implementing health promotion and tobacco and other substance use prevention interventions for immigrant adolescents and their families. She has led multiple studies funded by the National Institutes of Health, American Cancer Society, and other large foundations. Dr. Allen completed medical school at the University of Minnesota, and a Master's Degree in sociology from the University of Wisconsin, Madison. She was a Robert Wood Johnson Clinical Scholar at the University of California, Los Angeles. Dr. Allen spends her clinical career serving families disproportionately impacted by social determinants of health at the Community University Health Care Center in Minneapolis, Minnesota.

LECTERNS

SESSION 1

(1:50PM – 2:25PM)

Assessment of Food Deserts and Food Swamps on Childhood Obesity in the Watts Community of South Los Angeles

Elyse Muratore MD, Gina Guillaume MD, Jyoti Puvvula MD MPH, Gilberto Granados MD MPH
Harbor UCLA Medical Center

Increasing Standardization and Documentation of the Diabetic Foot Exam in the Primary Care Setting

Arjun Kumar MD, Sedona Valentine MD, Atish Vanmali MD, Daniela Zurita MD
RUHS/UCR Family Medicine Residency Program, Moreno Valley Community Health Center, RUHS Medical Center

Opiate Use Post Cesarean: Short Term and Long Term Use at a County Hospital in Southern California

Carolyn Pearce MD, Dorothy DeGuzman MD MPH, Ian Wallace MD, Zach Zwolak DO, Abigail Nimz MD, Rose Martin MBA
Ventura County Family Medicine Residency

SESSION 2

(3:15PM – 3:50PM)

Proposed Guideline for Type II Diabetes Screening in Asian Americans Based on BMI – A Cross Sectional Retrospective Study in Southern California Kaiser Permanente

Raymond Park DO, Frank Aliganga MD, Kristen Ironside MA, John Su MD
Kaiser Los Angeles

UCLA Family Medicine Bridging the Gap: An Innovative Pipeline Program Shapes Aspirations and Builds Confidence in Underserved Youth

Ridwa Abdi MD MPH, Zachary Ernstberger MD, Yohualli Balderas-Medina Anaya MD MPH
UCLA Family Medicine Residency Program

Impact of Concussion Education on Physician Practice Patterns for Pediatric Population in Outpatient Family Medicine and Pediatric Clinics

Bilal Ittiq MD, Andrew Le DO, Monique George MD, Alina Tong
Kaiser Permanente Woodland Hills

POSTERS

SESSION 1

(1:05PM – 1:50PM)

CATALINA ROOM

Harbor-UCLA Exercise Survey: Assessing Barriers to Physical Activity

John Cheng MD, Karen Olmos MD, Farah Syed DO, Alexis Smith MD
Harbor-UCLA Family Medicine

Are We Serving the Underserved? A Cross-sectional Assessment of the Harbor UCLA

Department of Family Medicine Residency Graduate Workforce
Juan-Carlos Lopez MD, Mimie Tran DO, Theresa Nevarez MD
Harbor-UCLA Medical Center, Department of Family Medicine

The “Bruins and the Bees” Program: Sex Ed for Los Angeles High School Students

John Tran MD
UCLA Family Medicine Residency

How to Improve Early Mobilization in a Teaching Hospital?

Tara Sarabakhsh DO, Mark Amico MD, Isabelle Gerard-Madzar MD
Dignity Health Family Medicine Residency, Northridge/UCLA

**Identifying Barriers to Attendance to Adolescent Preventive Visits at the DHMG
Northridge Family Medicine Clinic**

Mary Tioleco DO, Marinelle Camilon DO, Pamela Davis MD
Dignity Health Family Medicine Residency, Northridge/UCLA

Sexual Abuse of Female Collegiate Athletes Compared to Non-athletes

Michelle Sriwongtong MD, Dena Florczyk MD, Myung Sim PhD, Melinda Kirschner PhD,
Aurelia Nattiv MD
University of California Los Angeles, CA

Adapting Substance Use Brief Interventions for Adolescents: Perspectives of Adolescents Living with Adults in Substance Use Disorder Treatment

Howard Padwa, Erick G. Guerrero, Veronica Serret, Melvin Rico, Lillian Gelberg
University of California Los Angeles, Department of Psychiatry and Biobehavioral Sciences, Integrated Substance Abuse Programs; UCLA David Geffen School of Medicine, Department of Family Medicine; and UCLA Fielding School of Public Health

JOSHUA TREE ROOM

Integrative Medicine Physicians: Recommended Tests and Treatments

Vanessa Y. Wu MD, Derjung M. Tarn MD PhD
UCLA Family Medicine

Characterization of Reentry Needs for Formerly Gang Involved and Incarcerated Individuals

Daniela Delgado MD, Heidi Mock MD, Jyoti Puvvula MD MPH
Harbor-UCLA Department of Family Medicine

Need for a Formal Correctional Health Curriculum in a County-Based Family Medicine Residency Program

Jonathan Watson MD, Sayaka Weis Tokumitsu MD MPH, Theresa Nevarez MD MBA
Harbor-UCLA Medical Center

Geriatrics eConsult Community Resource Portal and Navigation Service in the Los Angeles Health Care Safety-Net

Olivia T. Ishibashi MPH, Heather B. Schickedanz MD
UCLA PRIME, David Geffen School of Medicine at UCLA; Department of Family Medicine, Harbor-UCLA Medical Center; Department of Social Work, Olive View-UCLA Medical Center

Clinic Orientation “Bootcamp”: Improving the Intern Transition to Family Practice Clinic

Mor Shapiro MD, Rebecca Berke MD, Monique George MD
Kaiser Permanente Woodland Hills

Hip Pain in an Exercising Adult

Karen Olmos MD, Bernadette Pendergraph MD
Harbor-UCLA Medical Center

Electronic Health Records versus Online Advertisements: A Comparison of Subject Identification and Recruitment

Rosa Tosqui, Ulysis Baal, Rachel Moriconi, Derjung Mimi Tarn MD PhD
UCLA

Sharing Clinical Notes with Patients: Physician Perception of OpenNotes Implementation

Tammy Lin MD, Kathleen Dor MD, Jose Garcia MD
Kaiser Permanente Woodland Hills

MOJAVE ROOM

Multiple Myeloma Induced Hyperammonemia

Shintau Lin, Nahid Molaie
Harbor-UCLA

Intracranial Mucormycosis in an Uncontrolled Diabetic: The Effects of Social Determinants of Health

Audrey Gray MD MPH
Ventura Family Medicine Residency Program, PGY3

Improving Patient Care through Family Medicine Resident Training in Implementing the Adverse Childhood Experiences Questionnaire for Children Ages 0-12 Years Old

Stephen Lee MD, Colleen Warnesky PsyD
Dignity Health Northridge Hospital Medical Center

A Jaw Crushing Line Drive in a Baseball Pitcher

Joshua Wilner MD, Michael Fong MD
Kaiser Permanente Los Angeles, Department of Sports Medicine

Horizontal Nystagmus and Ataxia as Presenting Signs of Mycoplasma Meningoencephalitis

Niousha Moini MD MPH, Deepa Kulkarni MD, and Audrey Crummey MD
UCLA Department of Family Medicine and UCLA Department of Pediatrics

Proximal Patellar Tendon Avulsion in an Unlikely Football Player

Jason P. Alvarado MD, Bernadette Pendergraph MD, Keith Feder MD
Harbor-UCLA, Team to Win Sports Medicine Fellowship, Harbor City, CA

Factors Associated with Acute and Overuse Injuries in Oceanside Ironman 70.3 Triathlon Participants

Branden Turner MD, Haley Oosterhouse BS, Joseph De Sena MD, Ericka Tukiainen MD,
Michael Fong MD, John Su MD
Kaiser Los Angeles Sports Medicine, Family Medicine

Association between Race and Gender Provider-Patient Concordance on Female Cancer Screening

Amarachi Okoro MD MPH, Nicole Morris MD
Family Medicine, Kaiser Permanente, Los Angeles Medical Center

POSTERS

SESSION 2

(2:30PM – 3:15PM)

CATALINA ROOM

Influenza Virus Vaccination Trend in the Department of Family Medicine at Mid Valley Comprehensive Health Center

Yolanda Flores-Cueva MD, Irving Ayala-Rodriguez MD
UCLA

Demographic Analysis of Inpatient Palliative Care Consults in the KP LAMC ICU

Vikas Jayadeva MD
Kaiser Permanente Los Angeles Medical Center

The Expected Public Charge Rule and its Impact on Immigrant Families in Watts

Danny Kim, Rebecca Lee, Vidushi Mehrotra, Jyoti Puvvula, Gilberto Granados
Harbor-UCLA Department of Family Medicine

Parental Characteristics Impacting Early Childhood Reading in the Community of Watts in South Los Angeles

S.A. Liang MSII, C. Delgado BS, K. Garcia BS, D. Peraza BS, L. Munoz MD, J. Puvvula MD MPH, G. Granados MD MPH
David Geffen School of Medicine, Harbor UCLA Medical Center, Harbor UCLA Summer Urban Health Fellowship

Psychometric Properties of the Altarum Consumer Engagement (ACE) Measure of Activation in Patients with Prediabetes

Yelba Castellon-Lopez MD MS, Jonathan Grotts, Gerardo Moreno MD MS, O. Kenrik Duru MD MS, Tannaz Moin MD MBA MS, Keith Norris MD PhD, Kia Skrine Jeffers RN PhD, Carol M. Mangione MD MPH, Ron D. Hays
UCLA Department of Family Medicine; UCLA General Internal Medicine-Health Services Research; National Clinician Scholars Program-UCLA

Improving Adolescent Understanding of Health and Wellness

Chelsey Kahanowitch DO, Colleen Warnesky PhD
Dignity Health Family Medicine Residency, Northridge/UCLA

Parental Attitudes Regarding the Choice of Antibiotics or Surgery to Treat Pediatric Acute Appendicitis

Shant Shekherdimian, Catherine Cho, Howard Jen, Stephen Shew, Dan DeUgarte, Steven Lee, Genia Dubrovsky, Minh Nguyen, Christopher Gomez
Dignity Health Family Medicine Residency, Northridge/UCLA

JOSHUA TREE ROOM

Potential Dietary Supplement-Prescription Drug Interactions in Primary Care and Complementary and Alternative Medicine Patients

Jessica Moody DO, Derjung M. Tarn MD PhD
UCLA Family Medicine Residency Program

Parent's Immigration Status as an Indicator of Child's Health

Lynnea Morm DO, Diana Lopez MSII, Gilberto Granados MD, Jyoti Puvvula MD, Melanie Valentin, Lizeth Carrillo, Cynthia Zarate, Edith Miguel
Harbor-UCLA Medical Center, Department of Family Medicine

A Two-Year Comparison of Subjective Versus Objective Workload Monitoring

Brian Lancaster MD, Joshua Goldman MD, Michael O'Rielly, Tandi Hawkey MD ATC, Amanda Pruden ATC
UCLA Sports Medicine

Interdisciplinary Perceptions of a Social Needs Screening Workflow in a Large Safety Net Family Medicine Clinic and Residency Program

Darcy Benedict MD MPH, Daniela Delgado MD, Jyoti Puvvula MD MPH, John Cheng MD, and Heather Schickedanz MD
Harbor-UCLA Medical Center, Department of Family Medicine

Intern Curriculum Increases Ambulatory Teaching in the Intern Year

Catherine Peony Khoo MD, Anita Wong MD
UCLA Department of Family Medicine

“Best Practices Made Simple” – Chronic Nonmalignant Pain at HUCLA Family Medicine Residency Program

Bernadette Pendergraph MD, Gloria Sanchez MD
Harbor-UCLA Medical Center

Improving DM Control in Hispanic/Latino Patients 18-64 yo in a Family Medicine Residency Clinic

Kathleen Dor MD, Monique George MD, Rebecca Berke MD, Jose Garcia MD, Shaadi Azadeh MD

Kaiser Permanente Woodland Hills, Family Medicine Residency

Can a Resident-Led Wellness Program Decrease Resident Burnout?

Carrie Chow MD, Marie Lee MD, Catherine M. McDonald MD, Michele J. Wong MD, Vanessa Y. Wu MD, and Joy Chudzynski PsyD

UCLA Family Medicine

MOJAVE ROOM

Traumatic Fingertip Amputation on the Football Field

Shintau Lin, Keith Feder, Bernadette Pendergraph

Harbor-UCLA, Team to Win

Extrapulmonary Sarcoidosis: A Case Report

Annie Chang MD MS, Zakok Sacks MD

Ventura County Medical Center Family Medicine Residency Program

Knowledge and Attitudes Toward Osteopathic medicine in Primary Care

Matthew Melchione DO, Janet Li DO, Cindy Yang MD

Dignity Health Foundation – Northridge Family Practice

A Rare Presentation of Pseudogout in an Elderly Female: Crowned Dens Syndrome

Christine Choi DO, Matthew Mejia MD, Bernadette Pendergraph MD

Harbor-UCLA Family Medicine Department

Kids Knee'd their Knees

Branden Turner MD, Marissa Vasquez MD MBS, Michael Fong MD

Kaiser LAMC Sports Medicine

Novel Tool to Increase PCP Treatment of Hepatitis C

Ethan Weilbacher, John Nuhn MD, Tipu Khan MD

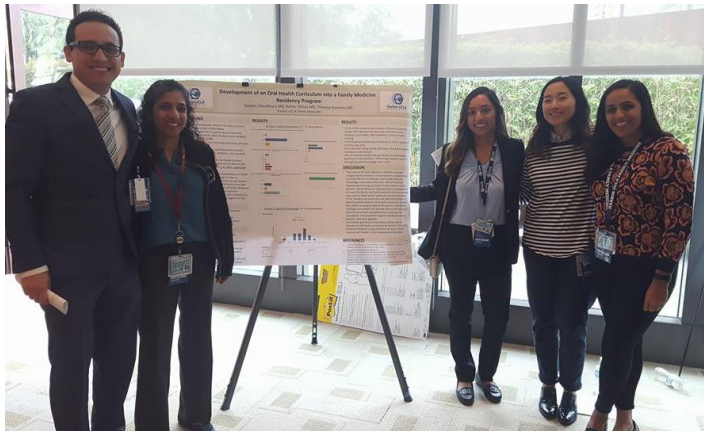
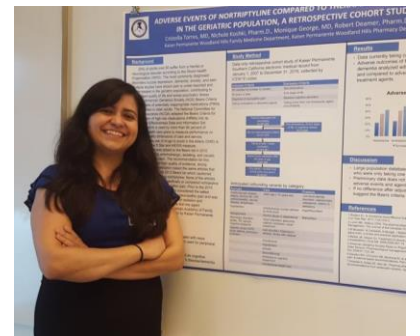
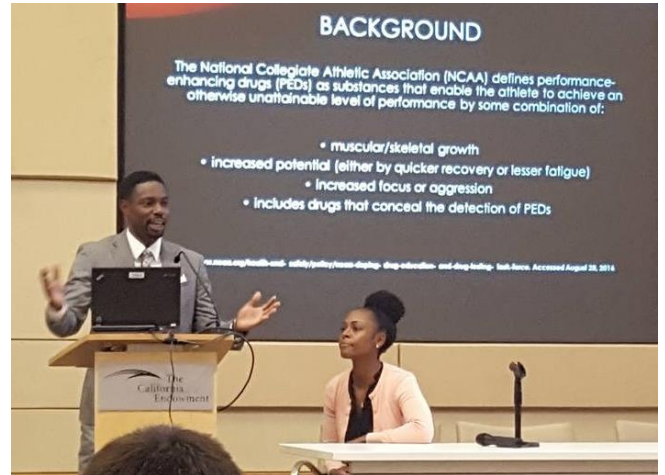
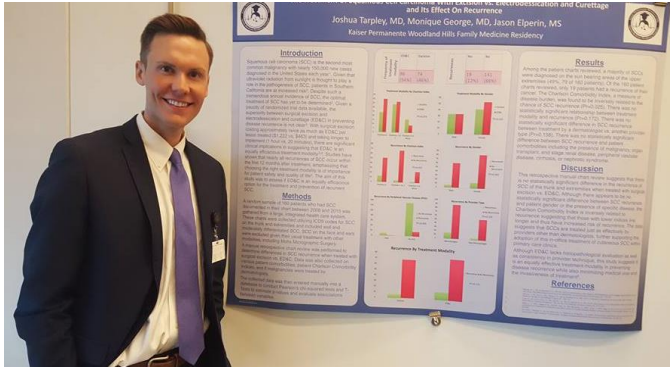
Ventura County Medical Center, UCLA David Geffen School of Medicine

Experiences with Shared Decision Making Among Spanish Speaking Latinos in the Safety Net

Jahanett Ramirez MD, Sandra Pineda PharmD

UCLA Family Medicine; Hubert Humphrey Comprehensive Health Center, Claremont College

PHOTOS FROM 2018 EVENT



NOTES

- Please add your name to the gift card drawing, which will be held at the end of today's event, for a chance to win one of three \$25 gift cards to Starbucks, Target, or Amazon. You must be present to win, so please stay until the end of the event!
- We encourage all attendees to complete an evaluation of the event so that we can assess its success and identify areas of improvement for future years. You can obtain an evaluation form at the registration desk. Please submit completed forms by dropping them in the labeled box at the registration desk.
- If you have any questions, comments, or concerns, please feel free to contact the committee directly at FMResearchDay@mednet.ucla.edu.

ACKNOWLEDGEMENTS

The Multi-Campus Research Committee expresses deep appreciation to Dr. Patrick Dowling and the UCLA Department of Family Medicine for their financial support of this year's Research Forum. The Committee is also sincerely thankful to Laura W. Sheehan for coordinating the majority of this event and Valencia Moody for her invaluable assistance with managing the sign-in table, assisting with author correspondence, and managing all purchasing matters. Lastly, the Committee would like to thank Marcos Garcilazo Figueroa for coordinating all of our AV needs, Jennifer Baughman for assisting with the check-in table, and Izzy Chu for her willingness to assist in running this year's event.

