

Pre-Operative Checklist for Neurosurgical Patients

Did you:

- Read the Pre-Operative Instructions?
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- Follow the guidelines for the medication instructions in your pre-operative packet?
 - **STOP taking Aspirin and other blood-thinning medications/supplements at least 10-14 days before surgery?**
 - Follow the guidelines regarding eating and drinking prior to your surgery (including not eating anything after midnight or at least 8 hours prior to your surgery check-in time)?
 - Follow the general skin cleansing instructions for bathing or showers using Chlorhexidine (CHG) shower soap to prevent infections?
 - Fill out the "Admission Medication History" and "Medical History" forms completely?
 - Bring a copy of your **Advance Directive** (if you have one), **insurance card**, and **photo I.D.**?
 - Leave all valuables at home?
 - Call the Procedure & Treatment Unit (PTU) the day before your surgery to find out what time to arrive at the hospital and inform the PTU staff if you need a translator?

Ronald Reagan UCLA Medical Center: **424-259-8070**
UCLA Medical Center, Santa Monica: **424-259-8060**
 - Arrange for transport home after your surgery?
 - Arrange for a caregiver/coach and transportation for at least 1-2 weeks after being discharged from the hospital?

Questions/Notes:
