

Please read all FIT Kit packet inserts. Defer to your specific FIT Kit for instructions.

STEP 1. Fill out the information on the sampling bottle.



Write your name, birth date, current date and time on sampling bottle.

STEP 3. Deposit a stool sample on top of the collection paper.



STEP 5. Use the probe to scrape the surface of the stool before the stool touches the water.



Cover the grooved portion of the sample probe completely with stool.

STEP 7. Wrap the sampling bottle in the small absorbent pad. Put it in the biohazard bag.



STEP 2. Place the collection paper on top of the water in your toilet.



STEP 4. Open the sampling bottle.



STEP 6. Place the probe with stool sample back in the sampling bottle and close it. Do not reopen it.



You can then flush the biodegradable collection paper and remaining stool.

STEP 8. Seal the biohazard bag. Put it in the return envelope.



IMPORTANT Please return your completed kit by mail or in person to your clinic within 48 hours of collecting your sample. The stool sample is perishable.

NEED HELP? Contact your primary care physician.