

# Cardiothoracic Intensive Care Unit

7 ICU



## Cardiothoracic Intensive Care Unit Ronald Reagan UCLA Medical Center

757 Westwood Plaza  
Los Angeles, CA 90095-7403  
Main Phone: (310) 267-7740



# About our unit

---

The cardiothoracic intensive care unit (7 ICU) staff would like to welcome you and your loved ones to our unit. The 7 ICU provides care for patients requiring medical/surgical treatment for cardiac and pulmonary diseases, including transplantation and other conditions that require an intensive care environment. We know that this may be a difficult time for you, and we take pride in making your time spent here a more positive one.

Our team delivers world-class surgical and medical treatments using cutting-edge technology in a compassionate, patient-focused environment. Please use this brochure as a guide to answer some questions you may have and make your time with us less stressful. Let us know of any concerns you have.

Thank you for choosing our 7 ICU. We look forward to creating a healing experience for you and your loved ones.

## Quick Reference Guide

---

**West ICU Main Line**  
(310) 267-7740

**East ICU Main Line**  
(310) 267-7741

**Unit Director**  
Brenda Hardin-Wike  
(310) 267-7754  
Room 7461

**ANII Educator**  
Michelle Rodriguez  
(310) 267-7745  
Room 7479

Katrine Murray  
(310) 267-7743  
Room 7458

**Charge Nurse**  
(310) 267-7270

**Assistant Charge Nurse**  
(310) 267-7268

# Visitation guidelines

---



- **It is important to wash your hands upon entering and before exiting the patient room.** Please clean your hands with alcohol-based hand rub or with soap and water for at least 15 seconds.
- Visiting hours are 24 hours a day, except during shift changes between 7 am and 8 am and 7 pm and 8 pm.
- Up to two people may visit at a time. Visitors may rotate/take turns visiting the patient.
- No more than one person may stay overnight in the room. The staff reserves the right to make a decision regarding overnight stays each night depending on patient safety.
- Please use the intercom system located outside the unit on the east entrance to gain access to the unit. When we answer, please let us know who you are and who you are coming to see, and a staff member will let you in.
- Cell phone use is allowed only in patient rooms or designated visiting areas, not in the unit hallways.
- We may ask families to step out into the waiting room when necessary for patient care and/or procedures.
- Please respect other patients' privacy in the unit by staying inside the patient's room during your visit. Please do not idle in the hallway.
- Due to patient privacy rules, all photography and videotaping is prohibited without the patient's permission.



- We may ask you to wear protective isolation gowns and/or masks when entering the patient's room. Please ask our staff to help gather these materials.
- Live flowers and plants, latex balloons and pets might cause harm to our patients, so we cannot allow them in the patient's room or in the unit.
- Please ask staff for ice chips, water, linens, refrigerator usage, or kitchen needs.
- Restrooms are located outside the unit by the east and west elevators.
- Designate a single representative to serve as the patient's spokesperson. That individual will be authorized to receive information about the patient's condition.
- If you feel like you are coming down with a cold, flu or any other potentially contagious condition, please do not visit.
- Visiting children must be free of illness and be up-to-date on their vaccinations.
- Internet access is available for your personal use. Ask our staff for more information.
- At the end of your stay, please take time to fill out a "Your Feedback Please" form. We welcome your questions anytime. Please let us know how we may better serve you.

# Time for sleep

---

In 7 ICU, as our patients are getting better, we can offer quiet time from 10 pm to 6 am and 2:30 pm to 3:30 pm so they can get some healing rest.

## **Some things that can wait until after 6 am:**

- Routine labs
- Routine X-rays
- Routine bathing and dressing changes

## **Some things that will still need to take place:**

- Monitoring and machine alarms sounding off can happen at anytime, and are there to keep you safe
- Any change in your condition will prompt the nurse or doctor to check in on you
- Your blood pressure and other vital signs will be measured at least every two hours

## **Things we can do to make it quieter so you can sleep:**

- Offer you ear plugs and eye masks (upon request)
- Turn off the television and ask the staff to talk quietly
- Close doors (upon request)
- Turn down the hallway lights



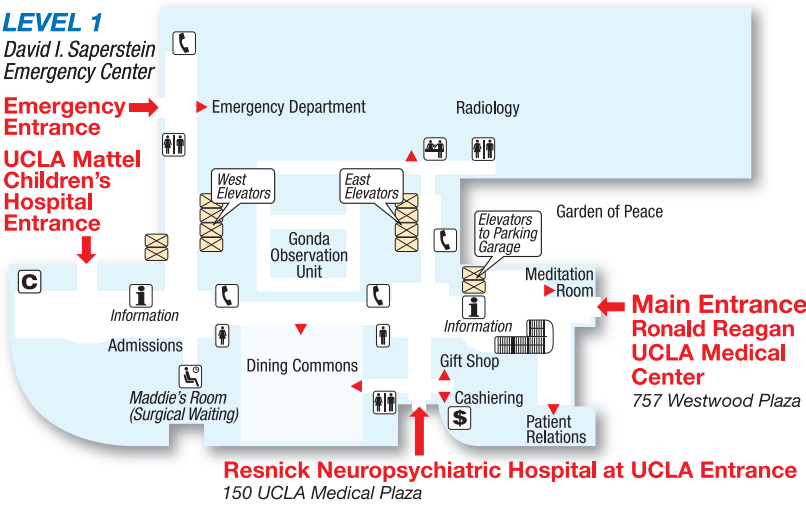


# Floor guide

## LEVEL 1

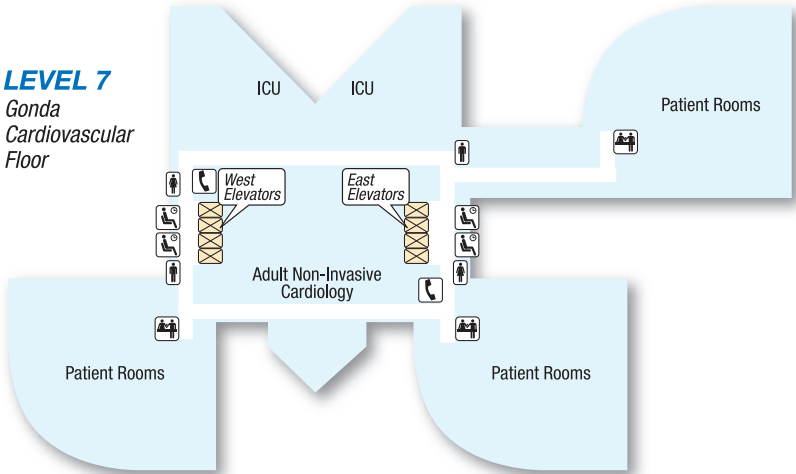
David I. Saperstein  
Emergency Center

**Emergency Entrance**  
**UCLA Mattel Children's Hospital Entrance**



## LEVEL 7

Gonda  
Cardiovascular  
Floor



Information	Public Elevators	<p>Room Numbers Level 4-8</p>
ATM	Stairs	
Telephone	Waiting Area	
Restrooms	Reception Desk	
Conference/Library	Vending	