

**1/13/25 – 1/19/25**

**Business Hours: Monday – Friday, 6:30am to 10:00pm**

**GF** Gluten Friendly Healthy Choice Vegan

**Sat, Sun & Holidays, 6:30am to 8:00pm**

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|-----------------------------------|---------------|---|
| <b>MEATLESS MONDAY</b><br>1/13/25 | Main Entrée 1 | Rotisserie Chicken                      |
|                                   | Main Entrée 2 | Grilled Sesame Salmon                   |
|                                   | Main Entrée 3 | Vegetarian Hawaiian                     |
|                                   | Main Entrée 4 | Vegetable Curry                         |
|                                   | Side          | Mexican Fiesta Rice or Roasted Potatoes |
|                                   | Side          | Vegetable Blend   or Steamed Broccoli   |
|                                   | Soups         | Cream of Potato or Chicken Noodle       |
|                                   | Grill Special | Grilled Beyond Burger                   |

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|---------------------------|---------------|---------------------------------------|
| <b>TUESDAY</b><br>1/14/25 | Main Entrée 1 | Rotisserie Chicken                    |
|                           | Main Entrée 2 | Cajun Catfish w/ Creole Sauce         |
|                           | Main Entrée 3 | Sweet & Sour Chicken                  |
|                           | Main Entrée 4 | Vegetarian Eggplant Parmesan          |
|                           | Side          | Steamed Carrots   or Mixed Vegetables |
|                           | Side          | Baked Yams   or Basmati Rice          |
|                           | Soups         | Minestrone   or Cream of Mushroom     |
|                           | Grill Special | Pastrami Sandwich                     |

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| <b>WEDNESDAY</b><br>1/15/25 | Main Entrée 1 | Rotisserie Chicken  |
|                             | Main Entrée 2 | Oven Baked Tostadas (Chicken, Turkey, Pork Carnitas or Grilled Vegetables ) |
|                             | Main Entrée 3 | Crusted Tilapia w/ Spicy Mango Sauce  |
|                             | Main Entrée 4 | Black Bean Chipotle Chili   |
|                             | Side          | Spanish Rice   or Refried Beans   |
|                             | Side          | Malibu Blend   or Steamed Corn  |
|                             | Soups         | Cream of Chicken Tortilla or Vegetable Medley                               |
|                             | Grill Special | Chicken Teriyaki Bowl   |

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| <b>THURSDAY</b><br>1/16/25 | Main Entrée 1   | Rotisserie Chicken                          |
|                            | Main Entrée 2   | Orange Roughy w/ Southwest Cream Sauce      |
|                            | Main Entrée 3   | Macaroni & Cheese                           |
|                            | Main Entrée 4   | Creole Black-eyed Peas                      |
|                            | Side            | California Vegetables   or Asian Vegetables |
|                            | Side            | Cajun Rice  or Cornbread                    |
|                            | Soup            | Beef Barley or Garden Vegetable             |
|                            | Grilled Special | Beef Taquitos                               |

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| <b>FRIDAY</b><br>1/17/25 | Main Entrée 1 | Rotisserie Chicken                              |
|                          | Main Entrée 2 | Teriyaki Salmon                                 |
|                          | Main Entrée 3 | Jamaican Beef Stew                              |
|                          | Main Entrée 4 | Lucky 8 Stir Fry                                |
|                          | Side          | Mixed Vegetables   or Steamed Corn              |
|                          | Side          | Jollof Rice or Whole Red Potatoes               |
|                          | Soups         | Clam Chowder or Coconut Chicken w/ Udon Noodles |
|                          | Grill Special | Fish Tacos                                      |

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| <b>SATURDAY</b><br>1/18/25 | Main Entrée 1 | Rotisserie Chicken                |
|                            | Main Entrée 2 | Fish d' Jour                      |
|                            | Main Entrée 3 | Pesto Penne Pasta                 |
|                            | Side          | California Blend   or Fiesta Rice |
|                            | Soups         | Minestrone or Chicken Noodle      |

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| <b>SUNDAY</b><br>1/19/25 | Main Entrée 1 | Rotisserie Chicken                |
|                          | Main Entrée 2 | Meat Lasagna                      |
|                          | Main Entrée 3 | Chiles Rellenos                   |
|                          | Side          | Malibu Vegetables   or Rice Pilaf |
|                          | Soups         | Beef Barley or Minestrone         |