

7/28/25 – 8/3/25
Business Hours: Monday – Friday, 6:30am to 10:00pm
GF Gluten Friendly Healthy Choice Vegan

Sat, Sun & Holidays, 6:30am to 8:00pm
**MEATLESS
MONDAY
7/28/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Grilled Sesame Salmon
Main Entrée 3	Vegetarian Hawaiian Curry
Main Entrée 4	International Curry
Side	Mexican Fiesta Rice or Roasted Potatoes
Side	Vegetable Blend or Steamed Broccoli
Soups	Cream of Potato or Chicken Noodle
Grill Special	Grilled Beyond Burger

**TUESDAY
7/29/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Cajun Catfish w/ Creole Sauce
Main Entrée 3	Sweet & Sour Chicken
Main Entrée 4	Vegetarian Eggplant Parmesan
Side	Steamed Carrots or Mixed Vegetables
Side	Baked Yams or Basmati Rice
Soups	Minestrone or Cream of Mushroom
Grill Special	Pastrami Sandwich

**WEDNESDAY
7/30/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Oven Baked Tostadas (Chicken, Turkey, Pork Carnitas or Grilled Vegetables)
Main Entrée 3	Crusted Tilapia w/ Spicy Mango Sauce
Main Entrée 4	Black Bean Chipotle Chili
Side	Spanish Rice or Refried Beans
Side	Malibu Blend or Steamed Corn
Soups	Cream of Chicken Tortilla or Vegetable Medley
Grill Special	Chicken Teriyaki Bowl

**THURSDAY
7/31/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Orange Roughy w/ Southwest Cream Sauce
Main Entrée 3	Macaroni & Cheese
Main Entrée 4	Creole Black-eyed Peas
Side	California Vegetables or Asian Vegetables
Side	Cajun Rice or Cornbread
Soup	Beef Barley or Garden Vegetable
Grilled Special	Beef Taquitos

**FRIDAY
8/1/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Teriyaki Salmon
Main Entrée 3	Jamaican Beef Stew
Main Entrée 4	Lucky 8 Stir Fry
Side	Mixed Vegetables or Steamed Corn
Side	Jollof Rice or Whole Red Potatoes
Soups	Clam Chowder or Coconut Chicken w/ Udon Noodles
Grill Special	Fish Tacos

**SATURDAY
8/2/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Fish du Jour
Main Entrée 3	Pesto Penne Pasta
Side	California Blend or Fiesta Rice
Soups	Minestrone or Chicken Noodle

**SUNDAY
8/3/25**

Main Entrée 1	Rotisserie Chicken
Main Entrée 2	Meat Lasagna
Main Entrée 3	Chiles Rellenos
Side	Malibu Vegetables or Rice Pilaf
Soups	Beef Barley or Minestrone